





Intro:

Head Coach: Ryan Mortensen
Team Director: Mike Hughes

Ryan Mortensen

- Husband and father of 4
- Racer of 2 wheels for the last 40 years
- Ex pro motocross racer (10 yrs)
- Mountain bike trainer



Mike Hughes



- Husband
- Avid mountain biker and triathlete.
- Disc golf legend
- Rock and Roll Drummer
- Great guy!



2022-2023
Perry Mountain Bike Season



Perry will be competing in the AICL League

- <https://www.arizonamtb.org/>
- <https://www.nationalmtb.org/>





Why is Perry Moving to AICL/NICA League

SATURDAY ONLY RACING

Our commitment to our families is to provide a stellar race experience that allows them to still enjoy their weekends together.

SPRING SEASON

Moving to the spring is a logical decision that follows the mountain bike cycling calendar. It will allow more teams to start in safer temperatures, and acclimate as the season progresses.

MIDDLE SCHOOL

We feel it is critical to recognize the efforts of our middle school riders, to award a series champion and offer a championship race. Our younger riders are the future of our sport, and we want to support and grow their love of cycling for many years to come.

RECRUITMENT

Ability to spread awareness and recruit student athletes once the school year begins and for the months following.

NICA PITZONE

Familiar and user friendly platform that all teams and families are accustomed to using.

NICA AFFILIATE

Immense benefits and support from being a league within NICA. Access to top notch training, and proprietary Adventure Program, GriT and Teen Trail Corps programs. Access to an amazing cycling community across the USA.

LOCAL RACE SERIES SUPPORT

Ability to participate in local races series, such as MBAA, Cactus Cup, Epic Rides, during our season. It also allows students to participate in other events in the fall to build endurance and push themselves to try new things.

FLEXIBILITY

The AICL race series is spread out to allow teams and families the opportunity to regroup and refocus after races.



Timeline

OCTOBER - NOVEMBER 2022

Get stoked for the new AICL season! Team registration, pre-season activities and skills clinics. Get ready to meet your team and spend time together.

FEBRUARY 2023

Race #1 - February 11th (Saturday)
Race #2 - February 25th (Saturday)
Team practices and training

APRIL 2023

Race #3 - April 1st (Saturday)
Race #4 High School & Middle School Championship Race -
April 22nd (Saturday)
Team practices and training
Season end party with your team!

MAY - JULY 2023

TRAINING OPTION A:

Keep your momentum going into a solid training block for USAC Mountain Bike Nationals. Once you're done racing, enjoy your vacation and time with friends & family

AUGUST - SEPTEMBER 2022

Ease back into time on the bike, riding with friends, building endurance, and just having fun!

DECEMBER 2022 - JANUARY 2023

AICL season officially begins! Time to hit the trails with your team and focus on rider development. Opportunities to participate in events such as MBAA races for race experience before AICL Race #1.

MARCH 2023

Adventure Program and GRiT Rides
Team practices and training
Enjoy your spring break!

MAY - JULY 2023

TRAINING OPTION B:

Put the bike away and enjoy summer break. Focus on recovery, vacation, summer activities and time with friends & family